

Norfolk Team Race
Hosted by the Big Blue Sailing Academy
At Old Dominion University
May 20-21, 2017
Sailing Instructions

1 RULES

- 1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (2017-2020), including Appendix D, the Procedural Rules for Intercollegiate Sailing Competition 2017-2020, and the Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.
- 1.2 PR 25 is changed to: RRS Appendix D shall be used for team racing regattas, deleting the red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 are changed by replacing the phrase "a red flag" with "a raised open hand."
- 1.5 RRS D2 is deleted.

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located in the Boathouse.

3 CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4 SCHEDULE OF EVENTS

Saturday

Registration	9:00-9:45
Competitors' Meeting	9:45 am
First Warning	ASAP After Competitors' Meeting
Casual Cookout	ASAP After last race of the day.

Sunday

First Warning	10:00 am
No Starting Signal After	3:00 pm
Award Presentation	Immediately after all equipment is stored.

5 FORMAT

- 5.1 A Series of Swiss League Stages will be sailed followed by a single elimination knockout Stage
- 5.2 Swiss League Stage: Teams will be randomly be placed in groups of 5. Each group will sail against each other once. This constitutes a Swiss League Round Afterwards teams will be re-seeded into groups of 5 based on their win total. This will repeat until 1230 on Sunday or 5 Swiss League Rounds have been sailed, whichever happens earliest. All Tie-breakers will be broken in accordance with RRS Appendix D, except that no Sail-offs will occur. This changes RRS Appendix D 4.4(e). Incomplete Rounds will not be used.
- 5.3 Knockout Stage: Quarterfinals, Semifinals, Final, Petit Final. From the seeding after the Swiss League Stage, teams will be paired in a quarterfinal bracket (1v8, 2v7, 3v6, 4v5) with a single elimination match with the winner advancing to the Semifinal round. The Winner of the 1 v 8 will face off with the winner of the 4-5 match in Semifinal #1 and the winner of the 2v7 match will face off with the winner of the 3v6 match with a single elimination to determine who advances to the Final Round or the Petit Final Round. Both the Final and Petit Final Rounds will be single elimination.

6 BOATS & EQUIPMENT

- 6.1 18 LaserPerformance Flying Juniors and 12 LaserPerformance z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be led behind the spreader. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Signal Boat on the water.
- 6.5 Breakdowns will be decided using ICSA PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

7 ROTATION

The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur at the docks of the Sailing Center and in the water due to our missing dock pieces unless otherwise prescribed by the race committee. All boats must rotate from the leeward side of the floating docks.

- 8 RACING AREA
The racing area will be the Elizabeth or Lafayette Rivers near Old Dominion University Sailing Center
- 9 MARKS
9.1 All rounding marks will be Redish balls, and the start and finishing marks will be Yellow balls.
- 10 COURSES
10.1 The Course will be the standard ICSA Starboard Digital N and will be displayed on the Official Notice Board.
10.2 The starting and finishing lines will be between an orange staff on the committee boat end and a yellow ball.
- 11 STARTING SYSTEM
Races will be started in accordance with PR 18(b)(iii).
- 12 RECALLS
12.1 Individual recalls will be signaled in accordance with PR 18(b)(iv).
12.2 A general recall will be used in accordance to PR 18(b)(v), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(v))
- 13 PROTESTS
13.1 Protests shall follow RRS D 1.2
13.2 3 Minute justice shall be used to hear all protests.
- 15 SCORING
15.1 RRS D3 and D4 shall be used.
15.2 Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.
- 16 SAFETY
16.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
16.2 Starts will not be delayed to accommodate capsized boats
- 17 COACHING
ICSA PR 19 shall apply.